

Support for young people's Mental Health in North Yorkshire

There is national and local support available on the Go-To website, for parents, carers and professionals.

www.thegoto.org.uk



SCAN ME



Support for parent and carers



SCAN ME

The Go-To provides advice for parents and carers, on how to support their young people when they are struggling with their mental health.

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North Yorkshire support for young people's Mental Health



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