

Dishforth C of E Primary School PSHE Long Term Plan – Year A

	EYFS	Year 1/2	Year 3/4	Year 5/6
Autumn Relationships	<ul style="list-style-type: none"> Playing in a group and extending and elaborating play ideas Initiating play, offering opportunities for others to join in Keeping play going by responding to what others are saying Work and play cooperatively and take turns with others; - Form positive attachments to adults and friendships with peers; - Show sensitivity to their own and to others' needs. Children develop respectful relationships with children and adults. (inspection framework) 	<p>Families and Friendships Making friends; feeling lonely and getting help</p> <p>Safer relationships Managing secrets; resisting pressure and getting help; recognising hurtful behaviour</p> <p>Respecting ourselves and others Recognising things in common and differences; playing and working cooperatively; sharing opinions</p>	<p>Families and Friendships Positive friendships, including online</p> <p>Safer relationships Responding to hurtful behaviour; managing confidentiality; recognising risks online</p> <p>Respecting ourselves and others Respecting differences and similarities; discussing difference sensitively</p>	<p>Families and Friendships Attraction to others; romantic relationships; civil partnership and marriage</p> <p>Safer relationships Recognising and managing pressure; consent in different situations</p> <p>Respecting ourselves and others Expressing opinions and respecting other points of view, including discussing topical issues</p>
Spring Living in the Wider World	<ul style="list-style-type: none"> Showing confidence in asking adults for help Usually adapting their behaviour to different events, social situations and changes in routine Demonstrating friendly behaviour, initiating conversations and forming good relationships with peers and familiar adults Explain the reasons for rules, know right from wrong and try to behave accordingly; Manage their own basic hygiene and personal needs, including dressing, going to the toilet, and understanding the importance of healthy food choices. 	<p>Belonging to a community Belonging to a group; roles and responsibilities; being the same and different in the community</p> <p>Media literacy and digital resilience The internet in everyday life; online content and information</p> <p>Money and Work What money is; needs and wants; looking after money</p>	<p>Belonging to a community What makes a community; shared responsibilities</p> <p>Media literacy and digital resilience How data is shared and used</p> <p>Money and Work Making decisions about money; using and keeping money safe</p>	<p>Belonging to a community Valuing diversity; challenging discrimination and stereotypes</p> <p>Media literacy and digital resilience Evaluating media sources; sharing things online</p> <p>Money and Work Influences and attitudes to money; money and financial risks</p>
Summer Health and Wellbeing	<ul style="list-style-type: none"> Playing in a group and extending and elaborating play ideas Initiating play, offering opportunities for others to join in Keeping play going by responding to what others are saying Enjoy playing with others, responding positively to what others say and concentrate for longer periods on their play. Be confident to try new activities and show independence, resilience and perseverance in the face of challenge; - Children are highly motivated and eager to join in, they have positive attitudes to their learning and play, participating and responding positively to requests and instructions (inspection framework) 	<p>Physical health and Mental wellbeing Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help</p> <p>Growing and changing Growing older; naming body parts; moving class or year</p> <p>Keeping safe Safety in different environments; risk and safety at home; emergencies</p>	<p>Physical health and Mental wellbeing Maintaining a balanced lifestyle; oral hygiene and dental care</p> <p>Growing and changing Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty</p> <p>Keeping safe Medicines and household products; drugs common to everyday life</p>	<p>Physical health and Mental wellbeing What affects mental health and ways to take care of it; managing change, loss and bereavement; Managing time online</p> <p>Growing and changing Human reproduction and birth; increasing independence; managing transition</p> <p>Keeping safe Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media</p>

Dishforth Airfield Primary School PSHE Long Term Plan – Year B

	EYFS	Year 1/2	Year 3/4	Year 5/6
Autumn Relationships	<ul style="list-style-type: none"> Playing in a group and extending and elaborating play ideas Initiating play, offering opportunities for others to join in Keeping play going by responding to what others are saying Work and play cooperatively and take turns with others; - Form positive attachments to adults and friendships with peers; - Show sensitivity to their own and to others' needs. Children develop respectful relationships with children and adults. (inspection framework) 	<p>Families and Friendships Roles of different people; families; feeling cared for</p> <p>Safer relationships Recognising privacy; staying safe; seeking permission</p> <p>Respecting ourselves and others How behaviour affects others being polite and respectful</p>	<p>Families and Friendships What makes a family; features of family life</p> <p>Safer relationships Personal boundaries; safely responding to others; the impact of hurtful behaviour</p> <p>Respecting ourselves and others Recognising respectful behaviour; the importance of self-respect; courtesy and being polite</p>	<p>Families and Friendships Managing friendships and peer influence</p> <p>Safer relationships Physical contact and feeling safe</p> <p>Respecting ourselves and others Responding respectfully to a wide range of people; recognising prejudice and discrimination</p>
Spring Living in the Wider World	<ul style="list-style-type: none"> Showing confidence in asking adults for help Usually adapting their behaviour to different events, social situations and changes in routine Demonstrating friendly behaviour, initiating conversations and forming good relationships with peers and familiar adults Explain the reasons for rules, know right from wrong and try to behave accordingly; <p>Manage their own basic hygiene and personal needs, including dressing, going to the toilet, and understanding the importance of healthy food choices.</p>	<p>Belonging to a community What rules are; caring for others' needs; looking after the environment</p> <p>Media literacy and digital resilience Using the internet and digital devices; communicating online</p> <p>Money and Work Strengths and interests; jobs in the community</p>	<p>Belonging to a community The value of rules and laws; rights, freedoms and responsibilities</p> <p>Media literacy and digital resilience How the internet is used; assessing information online</p> <p>Money and Work Different jobs and skills; job stereotypes; setting personal goals</p>	<p>Belonging to a community Protecting the environment; compassion towards others</p> <p>Media literacy and digital resilience How information online is targeted; different media types, their role and impact</p> <p>Money and Work Identifying job interests and aspirations; what influences career choices; workplace stereotypes</p>
Summer Health and Wellbeing	<ul style="list-style-type: none"> Playing in a group and extending and elaborating play ideas Initiating play, offering opportunities for others to join in Keeping play going by responding to what others are saying Enjoy playing with others, responding positively to what others say and concentrate for longer periods on their play. Be confident to try new activities and show independence, resilience and perseverance in the face of challenge; - Children are highly motivated and eager to join in, they have positive attitudes to their learning and play, participating and responding positively to requests and instructions (inspection framework) 	<p>Physical health and Mental wellbeing Keeping healthy; food and exercise, hygiene routines; sun safety</p> <p>Growing and changing Recognising what makes them unique and special; feelings; managing when things go wrong</p> <p>Keeping safe How rules and age restrictions help us; keeping safe online</p>	<p>Physical health and Mental wellbeing Health choices and habits; what affects feelings; expressing feelings</p> <p>Growing and changing Personal strengths and achievements; managing and reframing setbacks</p> <p>Keeping safe Risks and hazards; safety in the local environment and unfamiliar places</p>	<p>Physical health and Mental wellbeing Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies</p> <p>Growing and changing Personal identity; recognising individuality and different qualities; mental wellbeing</p> <p>Keeping safe Keeping safe in different situations, including responding in emergencies, first aid and FGM</p>

